

ERC NEWS



February 2020

The monthly updates of what's going on in
Edmund Rice College! (Edition 2)

POSITIVITY DAY

On Wednesday 12th February in Edmund Rice College, we put down the books and pens and had a day of fun. Our pupils' mental health and wellbeing is very important to us!



To consolidate all the work on Mental Health and Wellbeing that the school has been doing this term, students enjoyed a range of activities throughout the day.

These included First Aid training, Mind-skills Training, Mindful Meditation, Board Games, Reading Nook, Self Defence, Gymnastics, African Drumming, SR Fitness gym session and Pilates. Pupils enjoyed a snow-ball fight and the 'Run the Gauntlet' where the Principal and Vice Principal were the targets!

We had such a great day and there were so many happy faces and that's what it's all about!

Thank you to all our guests who helped make it a truly memorable day! We shared a video on Facebook that has already had twelve thousand views!

Well done to Mrs Ritchie for organising the day and Marek for his great videography skills. If you haven't seen the video yet, check it out on our Facebook page or website.

It was the staff's turn on the Friday with Mrs Boyle organising a variety of activities including Yoga and Zumba.



Excellence Respect Care

The school is delighted to announce that Mr Berne has been shortlisted for a Blackboard award and Movie House VIP award.

In the past two years the school has continued to grow from strength to strength under his leadership.

An energetic and enthusiastic person, Mr Berne strives to ensure that each and every pupil is given the opportunity to fulfil their potential and get the most out of school life.

A fully deserved nomination and good luck from all the staff and pupils at Edmund Rice College!



Pictured is the U16 Football team who will play in the Belfast Cup semi final in the first week of March. The boys narrowly lost out in the NI Cup quarter final in a penalty shoot out.

Coached by Mr McAtee and Mr Trainor, the boys are very hopeful of a return to the prestigious Saint Patrick's Day final and regaining the Cup that we won in 2015.

An Evening of Light

On Wednesday 5th February the school held its second 'Evening of Light'. The night was filled with wonderful musical performances and inspirational speakers. This event was organised and led by Miss McGoldrick and Mrs Boyle.

Frank Diamond, from Bellaghy in County Derry, gave a motivational talk of his time as a missionary in Africa and his own personal journey of mental health and being able to deal and cope with it in a very busy and unpredictable world. He provided many laughs for the large audience in attendance and we look forward to welcoming Frank back in the near future.

Music was provided by the school choir, our sixth year singing soloist Robert Hamilton and the teaching duo of Miss McCauley and Miss McGoldrick, better known as 'Two Tempo'.



Saint Patrick's Day The school will be closed on Monday 16th and Tuesday 17th March for Saint Patrick's Day.



Excellence Respect Care