



# Social Distancing **Comprehension Questions**

1. What is social distancing?

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2. How far apart should people stay from each other when they are practising social distancing?

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3. Why is social distancing important when an infectious disease breaks out?

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4. Name three countries that have stopped people travelling in or out due to the COVID-19 outbreak.

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5. What action has the UK government taken to try and stop the spread of COVID-19?

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6. Give three examples of things that people can do to maintain their wellbeing while in isolation.

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7. What is the origin of the word 'quarantine'?

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8. Why were the Apollo 11 astronauts kept in quarantine when they returned to Earth?

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# Social Distancing Comprehension - Answers

1. What is social distancing?

**Social distancing means staying away from other people to avoid catching or passing on infectious diseases.**

2. How far apart should people stay from each other when they are practising social distancing?

**Two metres.**

3. Why is social distancing important when an infectious disease breaks out?

**It slows down the spread of disease and stops health services becoming overwhelmed by the number of people who are unwell.**

4. Name three countries that have stopped people travelling in or out due to the COVID-19 outbreak.

**Australia, Canada and Germany.**

5. What action has the UK government taken to try and stop the spread of COVID-19?

**They have closed schools, universities and pubs and put an official lockdown in place so that people do not go out unless it is essential.**

6. Give three examples of things that people can do to maintain their wellbeing while in isolation.

**Examples include keeping in contact with friends, relatives and colleagues online; keeping up with regular exercise; planning out a daily routine; and limiting screen time to reduce anxiety.**

7. What is the origin of the word 'quarantine'?

**It comes from the Venetian word for 'forty days', the amount of time that travellers had to wait outside the city before being allowed to enter.**

8. Why were the Apollo 11 astronauts kept in quarantine when they returned to Earth?

**It was thought that they might bring back unknown diseases from the Moon and infect people on Earth.**